

Kick-off Workshop in 3 Phases

Courage to Act! Successfully Launch Your Project

Do you dream of realizing your own project, but feel like you're missing that final spark of courage?

In this compact and intensive workshop with Claudia Doron, you will learn everything you need to successfully launch and sustainably develop your project.



Why I love to compare my approach to the one of EAGLES?

Eagles have an accurate vision, and remain focused regardless of obstacles in order to succeed.

During this workshop you will get clarity and set goals for what you want to achieve, so that your actions reflect your values. Unleash what is in you!

E.A.G.L.E.S Approach©

- E - Empower** - develop your potential
- A - Authenticity** - understanding of who you are
- G - GPS** - your inner self has to be activated
- L - Learning** - is an ongoing process
- E - Enjoy** the art of Serendipity
- S - Set-up your Action Map**



1. Prepare of the Workshop – Reflection Questionnaire

2. Workshop (ca. 3.5h)

- Mindset** - We discuss beliefs, attitudes, and ways of thinking that can influence your behavior, decision-making, and how you approach challenges or opportunities. Harness the power of an idea whose time has come, and believe in your vision - be authentic.
- Key Traits - Reflecting on 10 facts** - Not everyone can just jump in because it sounds cool. Achieving a significant goal requires a unique blend of qualities and attributes. However, if you are courageous and willing to learn, anything is possible. So, let's reflect on the following points.
- 5 Steps for a simple start? Easier said than done!** - Starting small is the key to turning your vision into reality. I know this firsthand. On my journey, I discovered that even the biggest dreams begin with small, manageable steps. Let me guide you through the five essential steps that helped me and can help you too.
- Get inspired and listen to your intuition** - The SMART framework emphasizes setting goals that are specific, measurable, achievable, relevant, and time-bound. However, there is a risk of overlooking unexpected opportunities and innovative solutions. I will explain how my MOTOR technique works, so you can listen to your intuition and remain open to new paths that may arise during the project.
- Start creating your active vision board for your project** - An excellent way to visualize your goals, stay motivated, and communicate your vision to others.

3. Book your personal coaching session (30min.)

- Within one month after the workshop you receive the possibility to discuss your project, next steps, challenges, or any questions that have come up in a personal 30 min. consulting session.
- If you like to continue with my support, you can book additional hourly sessions to a special price of 120.-/h.

Building path's that's what I can – Use it to your advantage